

TREKKING SELF GUIDED
Aragón-Matarranya-La Tinença
The Three Kingdoms

9 DAYS/8 NIGHT. GRADE: B MODERATE. HALF BOARD.
PRICE: 515 €



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La Cañada de Verich - Belmonte de San José - Valderrobres - Beceite - Fredes - El Boixar - Vallibona - Morella

THE THREE KINGDOMS

Centuries ago this area was border among Aragonese, Catalan and Muslim Taifa de Valencia



Explore the heart of the north east mountain range of Spain: Bajo Aragón, Ports de Beceite, Parque Natural de La Tinença, Ports de Morella area. Enjoy the best finish getting Morella, the huge medieaval town defended and round by walls and tower.

kingdoms.

GOOD REASONS

Maestrex look for the best relation quality/price. and a very warm welcome.

Anybody looking for an intense experience where intimacy and the sensation of being completely isolated are still highly prized.

The territories offer you fabulous opportunities to come into close contact with landscapes and people.



Price includes

- Half board on twin share accommodation.
- Third day transfer.
- Luggage transport.

- Info cart.
- Assistance and travel insurance.
- VAT.

Not included

- Transport to local start point.
- Start and last day lunch.
- Picnics



Difficulty and physical fitness

What they do require is an adventurous spirit and Basic fitness. You can choose to opt out on any given day and go on by car with luggage transfer.

Easy (A)

You would normally walk for 2 to 6 hours during the day. Easy treks are short at altitudes (less than 400 m). Experience is not necessary at this level. Anyone who is in good health can manage an easy grade.



Moderate (B)

A walking day would normally be between 4 to 7 hours long. Altitude gain is 600 m. Experience is not necessary at this level but you need to be in good health and reasonably fit.

The route

The route often follows the route of long distance path GR-8. You will walk on footpaths and drovers routes used for generations by villagers and farmers. The paths are of good quality but rough underfoot in places. There are no vertiginous sections.

Luggage transfer

Your bag is transferred for you daily to your next hotel so that you can enjoy the walking with just a day pack.





Clothing & gear-Climate

Clothing & gear:
Comfortable clothes
(polar, Gore-Tex
jacket, poncho, etc)

walking boots or
training shoes,
rucksack, bottle of
water or camel back,

trekking poles. Don't
forget your solar cream
and hat. In summer the

short trousers and bath
suit are very useful

Climate

The climate, cold and
dry, except in the areas
near the Mediterranean
Sea, is profoundly linked
to the geographic
characteristics of the
province, with a high
elevation. Its location in
the Iberian Mountain
Range is the reason that
approximately 62% of
its territory is above 1000
meters elevation, in some
zones reaching 2.000 m.

It is, then a Mediterranean
climate of mid-sized
mountains/continental
Mediterranean. This
means contrasts in
temperature depending
on:



- The elevation
- The time of the day,
on the same day
- Exposure: sunny or
shady zones

Generally speaking, we
can say that:

In winter, the most
extreme minimum
temperature can reach
20 degrees below zero,
although normally the
temperature oscillates
between -4 to 13 above
zero.

Springs are mild with
sunny mornings and
cool afternoons when
the sun sets. The

temperatures range
from 18 to 22 degrees
Celsius.

The warmest months
extend from mid-June
until almost the end of
August with
temperatures that can
reach 38 degrees in the
sun. This temperature is
milder at higher
elevations (above 1000
meters), in the evening



and of course, near the
sea. September and
October are very similar
to April and May,

although cooler and less
sunny.

Rain

In general, they are
scant, with the most
rainfall in the months
of April and May and
at the end of October
and November. In
summer there may be
heat storms at the end
of the day. In some
cases, these are brief
but torrential.

In any case, rainfall
ranges from 400 mm in
the lower zones (La
Cañada, Belmonte) to 800
mm at highest
(Vallibona, Fredes, El
Boixar).



Accommodation

Our accommodation has been especially chosen to give you an authentic experience of the real rural Spain. All are government registered and are located in villages, with one in a small town. They are a mixture of small rural hotels and Casa Rurales, these are old buildings that have been converted for tourist accommodation. Dinner is included every night (wine included) in the hotel or a local restaurant. All rooms feature a bath or shower, and W.C.

Programme

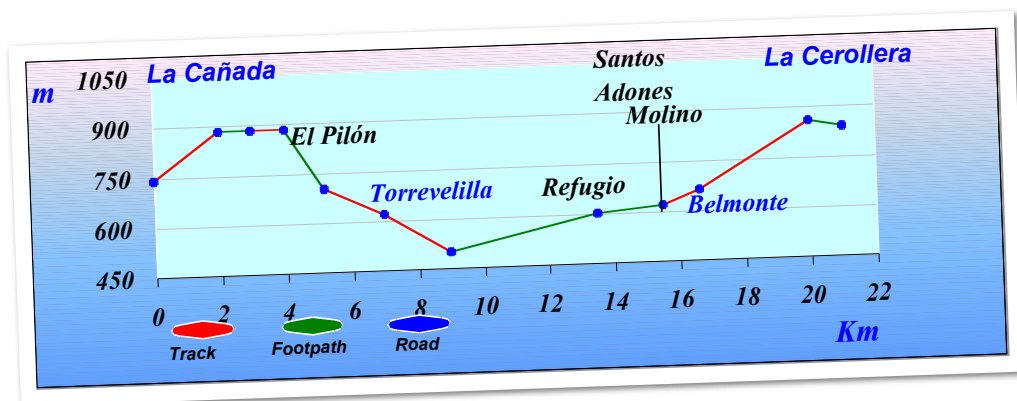
Day 1st Meet up La Cañada de Verich:

Welcome. Accommodation and dinner.

Day 2nd La Cañada-Torrevelilla-Belmonte-La Cerollera-La Cañada.

Walking down towards Torrevelilla, crossing through clay mines and following a short path, we reach Mirador del Pílon observation point, with magnificent views over Bajo Aragón. The descent takes us to

the town of Torrevelilla, after which we will continue towards Barranco Hondo, a gorge formed by the Mezquín River. Inland we reach the town of Belmonte de San José, from where we can go up towards



La Cerollera and La Cañada.

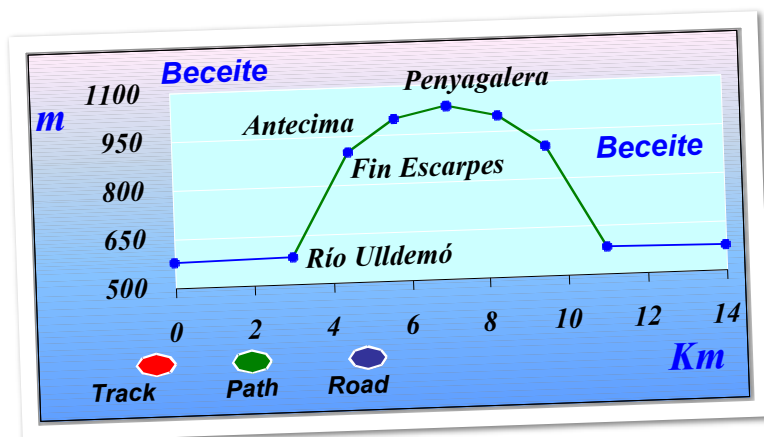
Accommodation and dinner in La Cañada de Verich

**ALTITUD + : 482 m., ALTITUD - : 380 m., TIEMPO TOTAL 9 h.
TIEMPO REAL 7 h., DISTANCIA: 22 km. DIFICULT: B Moderado**

Day 3rd. Beceite. Ascenso Penyalgalera

Transfer by vehicle to Beceite. Around 40 min. We cross through the town of Valderrobres, which is famous for its Renaissance castle. Accommodation in Beceite.

Penyalgalera forms a rocky line of conglomerate and limestone which marks the border between the provinces of Tarragona and Teruel. During ascent we can appreciate the thousands of years of erosion by the water. Depending on the weather, we can enjoy a dip in the Uldemó River. Dinner and overnight stay in Beceite.



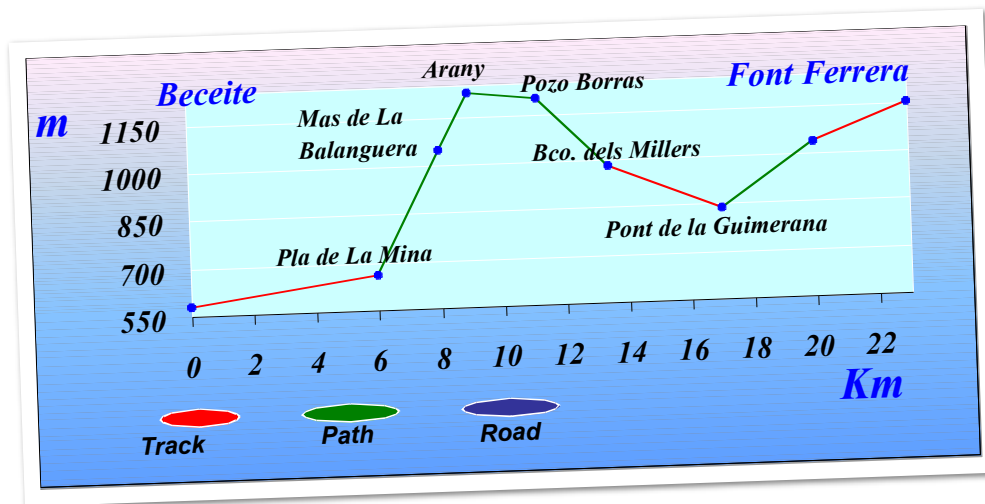
**ALTITUD + : 452 m.
ALTITUD - : 452 m.
TIEMPO TOTAL: 6,5 h.
TIEMPO REAL: 5 h.
DISTANCIA: 14 km.
DIFICULTAD: B Moderado**

Day 4th. Moles de Arany-Refugio de Font Ferrera

Breakfast at 8:30 h. We leave towards El Parrizal, a narrow valley formed by the Matarranya River, which gives this area its name. Today we will see one of the wildest landscapes of the week. For the most part, we follow the GR8 route with its continuous ascents and descents. The highest part reaches Roca Morera and Moles de Arany, which have exceptional views. The itinerary continues to the sheltered area of Font Ferrera, amongst woody mixed masses of pines, holm oaks and holly.

Dinner and overnight stay in Font Ferrera.

**ALTITUD + : 965 m. ALTITUD - : 388 m. TIEMPO TOTAL: 9 h.
TIEMPO REAL: 6,5 h. DISTANCIA: 23 km. DIFICULTAD: B Moderado**

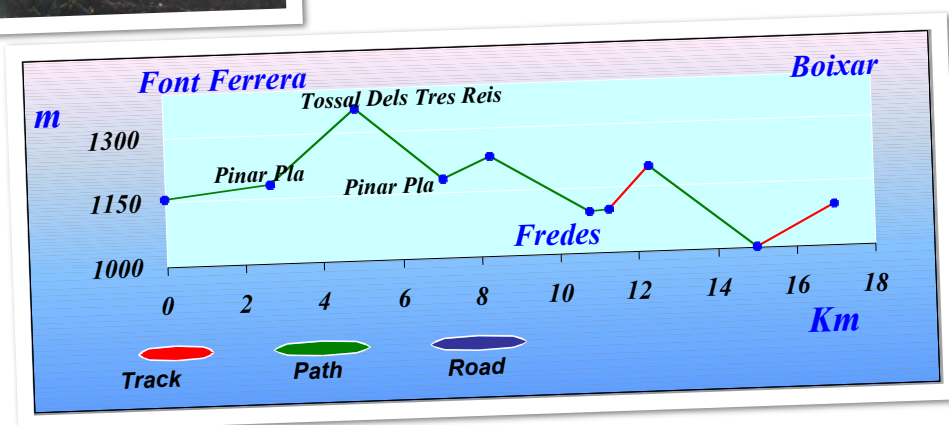


Day 5 th. Font Ferrera - El Boixar.

Breakfast at 9:00 h. A more relaxed stage than the previous one, entering the Natural Park of La Tinença de Benifassá. After leaving the enclosed woods which surround the refuge, we go up to Tossal dels Tres Reis 1356 m, which is the meeting point of the three territories or kingdoms and their representatives. Excellent panoramic views all around.



Dinner and overnight stay in El Boixar.



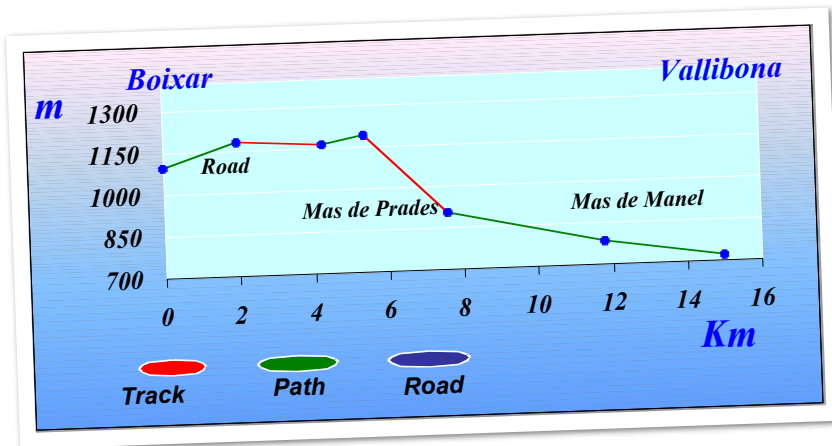
ALTITUD + : 444 m. ALTITUD - : 503 m.
TIEMPO TOTAL: 5,5 h. TIEMPO REAL: 4,5 h.
DISTANCIA: 17 km. DIFICULTAD: A/B Fácil-Moderado

Day 6th. El Boixar-Vallibona.

As on the previous day, we walk along the GR7 road leaving Boixar, the last of the towns of La Tinença, a territory which was part of the estate of the Abbot of the Monastery of Benifassá. James I the Conqueror recovered these lands before the conquest of Valencia, and in 1233 founded a commemorative hermitage on Mount Beni Hasan. From here, almost always in descent, we reach the town of Vallibona, another small town of less than 20 inhabitants.



Dinner and overnight stay in Vallibona.



ALTITUD + : 110 m.
ALTITUD - : 485 m.
TIEMPO TOTAL: 5 h.
TIEMPO REAL: 4 h.
DISTANCIA: 15 km.
DIFICULTAD: A Fácil

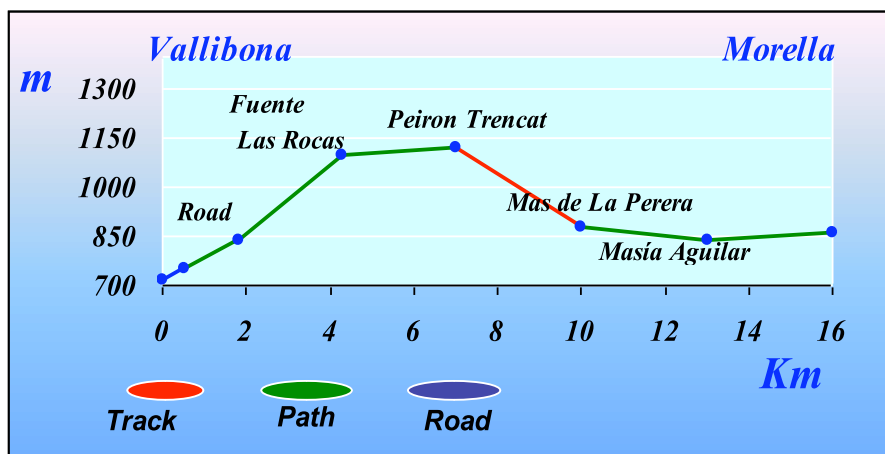


Day 7th Vallibona-Morella.

The itinerary invites us to enjoy the surrounding nature: extensive woods, hermitages, gorges and welcoming towns with magical nooks which take us back to past times. On this day solitude and austerity are our travel companions and an important part of the charm of these landscapes. It is precisely the lack of human influence which has preserved the ecosystems of these lands.

Our final day in this area with its intricate mountain ranges before reaching the spectacular Morella, a town which can be seen for hours in the distance before it is reached..

Dinner and overnight stay in Morella.



ALTITUD + : 423 m.
ALTITUD - : 283 m.
TIEMPO TOTAL: 5 h.
TIEMPO REAL: 4 h.
DISTANCIA: 16 km.
DIFICULTAD: A Fácil

Day 8th Morella.

A complete day to enjoy the town of Morella. We recommend a stroll around the streets and a visit to its walls. Its main streets are crossed by long slopes which lead up to the highest parts of the town, with a layout typical of towns in which defence was the priority.

A town laden with history: Calle Els Porxes, the Town Hall, Iglesia de Santa María Church, Towers and Castle, Renaissance Noble Palaces and a lot more. Its walls have borne witness to legends such as El Cid, Rodrigo Diaz, who passed through Morella in the year 1084, or the Tiger of El Maestrazgo, Ramón Cabrera, a Carlist General who took up a strong position in the town.

Dinner and overnight stay in Morella.

Day 9th Morella.

Farewell.